(A VERSION OF) THE HEINE-BOREL THEOREM IN ${\mathbb R}$ AND UNIFORM CONTINUITY

Theorem 1. Let a < b be real numbers and \mathcal{O} be a set of open intervals. If [a, b] is contained in the union of the intervals in \mathcal{O} , then there exists $n \in \mathbb{N}$ and $O_1, ..., O_n \in \mathcal{O}$ s.t. $[a,b] \subset \bigcup_{i=1}^n O_i := O_1 \cup \cdots \cup O_n$. ("If there is an open interval covering, then there is a finite subcovering")

Proof. Let

$$S = \{x \in [a, b] : \exists n \in \mathbb{N}, O_1, ..., O_n \in \mathcal{O} \text{ s.t } [a, x] \subset \bigcup_{i=1}^n O_i\}$$

S is nonempty, since a must be contained in at least one $O \in \mathcal{O}$. S is bounded above by b, and thus it has a least upper bound α . We show that $\alpha = b$ and that $b \in S$, completing the proof. Since $\alpha \in [a, b]$, there is an interval $(c, d) \in \mathcal{O}$ s.t. $\alpha \in (c, d)$. Then for some $\varepsilon > 0$ s.t. $(\alpha - \varepsilon, \alpha + \varepsilon) \subset (c, d)$ (find one!). Since $\alpha - \varepsilon/2 < \alpha$ we have $\alpha - \varepsilon/2 \in S$, thus there is an N and $O_i, i = 1...N$ s.t. $[a, \alpha - \varepsilon/2] \subset \bigcup_{i=1}^N O_i$. But then, if we choose O_{N+1} to be (c, d), then $[a, \alpha + \varepsilon/2] \subset \bigcup_{i=1}^{N+1} O_i$.

Definition 2. A function is uniformly continuous on an interval if for any ε there is a δ s.t. for all x, y s.t. $|x - y| < \delta$ we have $|f(x) - f(y)| < \varepsilon$. The key property here is that δ does not depend on x or y.

Theorem 3. Let $a, b \in \mathbb{R}$ and f be continuous on [a, b]. Then f is uniformly continuous on [a, b].

Proof. For each x there is a $\delta(x)$ s.t. any y in $(x-2\delta(x), x+2\delta(x))$ satisfies $|f(y)-f(x)| < \varepsilon/2$. But the intervals $(x - \delta(x), x + \delta(x))$ cover [a, b]. Thus there is a finite set S of intervals $\{(x_k - \delta(x_k), x_k + \delta(x_k)), k = 1, ..., n\}$ which cover [a, b]. Let $\delta = \min(\delta_1, ..., \delta_n)$. Let $x, y \in [a, b]$ with $|x - y| < \delta$. Since S covers [a, b], then $|x - x_k| < \delta_k$ for some k. Then by the triangle inequality, $|y - x_k| = |y - x + x - x_k| < 2\delta_k$. Still by the triangle inequality, $|f(x) - f(y)| = |f(x) - f(x_k) + f(x_k) - f(y)| < \varepsilon$.